<u>A Proven Therapy</u>

Research has shown that there is an emotional connection between people and dogs that helps decrease stress, eliminates isolation and provides social support and companionship. Therapy dogs contribute to our well-being.

A recent study finds that sessions with therapy dogs lowered a children's stress levels more than relaxation exercises.



<u>Training</u>

Our volunteers and their dogs work as a team to become certified and insured.



They are knowledgeable in how to adapt to the needs of the environment they serve.



Moore County Therapy Dogs



Providing benefits to the residents of Moore County that can be measured in smiles, hugs and tail wags!



For more information about joining our team, go to <u>www.mcprc.org</u> or call 910-949-9953

Our teams help in many ways:

Through:

- The Reading Tails Program in the schools and libraries
- The Pet Responsibility
 Program for Fourth
 Graders
- Visits to Assisted Living Facilities
- 🛛 Hospital visits
- Hospice visits
- Providing comfort in times of stress and/or grief



<u>Making a difference in the</u> <u>lives of Moore people every</u> <u>day!</u>





Moore County Therapy Dogs provide joy and comfort to people experiencing emotional pain and struggles, It might be through helping a child become more comfortable facing challenges in learning how to read and understand passages, sitting with someone who is struggling with physical and/or emotional pain, or just simply by being there, the make therapy dogs a difference in lives difference that cannot be fully measured, except by smiles and hugs.

